

	Friday 31 Oct. 2008			Saturday 1 Nov. 2008			Sunday 2 Nov. 2008		
	DH	XC	OTHER	DH	XC	Trials	DH	XCC (Short Course)	Trials
07:30					Registration for XC opens 7:30 and closes at 8:30am				
08:00				Registration Opens - All Events		Registration Opens - All Events	DH Practice and registration (till 09:00) (Group A and B)	Registration for XCC closes at 9:00am	Registration Opens – Speed Trials Event
08:30									
09:00	Registration Opens – All Events	Registration Opens – All Events						XCC Practice	
09:30				DH Practice (Group A) 9.30am – 12.30pm	Masters, U17, Super-Masters, Grand Masters, U15, Sport B, Recreation				
10:00	DH Practice (Group A and B)	XC Practice commences		Group A is Elite and U19 Males and Females		Trials Competition		XCC Open Men	
10:30								XCC Open Women	Be Natural Trials Demonstration. Start 10:45
11:00					All Female Categories, including Elite and U23 Women (Presentations for 9.30 start classes)			XCC Elite Men	
11:30							Last Transport to the top at 11:45	Presentations for XCC	
12:00							DH Lunch Break		Speed Trials Comp
12:30	Lunch Break			Lunch Break					
12:45									Be Natural Trials Demonstration Continued
13:00				DH Practice (Group B) 13.00pm – 17.00	Elite Men/U23, Expert Men (Presentations for 11.00 start classes)			DH Racing Starts	
13:30				Group B is all other groups not Elite or U19 males and females					
14:00									
14:30									
15:00	General Practice End – Elite Only Practice 3pm until 4pm								
15:30	Last transport leaves from bottom at 15:45				U19 Men, Veteran Men, Sport Men (Presentations for 13.00 start classes)			Approx Elite, Women, U19 Final	
16:00	All Practice concludes at 16.00 pm.	All Practice concludes at 4pm		16:30 till 17:00 is Elite only practice				Presentations for all DH	
16:30				Last transport leaves from bottom at 16:45				DH Presentations (Estimated time)	
17:30					Presentations for 15.30 start classes)				